

"I highly recommend Family First. The companions (and we needed many) were all top notch -- loving, caring, knowledgeable, punctual, helpful, trustworthy and friendly. The office personnel are also top notch -- highly professional and friendly. My family is very appreciative."

-Michael W.

"Family First sent me wonderful Jean. She was always efficient, friendly, patient, and always on time. The office was very responsive to my needs as well. Jean cheered my days. Thanks so much for being there for people that need some help."

-Gloria S.

"As the Program Director for the Alzheimer's Disease Assistance Center of LI at Stony Brook Medicine, I work on a daily basis with patients and families touched by this devastating illness. I have found Jennifer Benjamin and Family First Home Companions to be an invaluable resource. The compassionate care and level of professionalism they provide to individuals diagnosed with a dementia is outstanding. Families feel secure in knowing their loved ones are being cared for properly. I highly recommend Family First Home Companions."

-Darlene J.



FAMILY FIRST
HOME COMPANIONS

**Serving all of
Long Island
631-319-3961**

Office Hours:

MONDAY - FRIDAY
9AM-4:30PM

www.familyfirsthomecompanions.com



FAMILY
FIRST
HOME COMPANIONS

Putting First What Matters Most

What is a Companion?

A companion is a professional non-medical caregiver that provides assistance to individuals at home or in a facility.

Companions help with daily activities such as cooking, errands, medication management, and transportation.

Companions also provide supervision, guidance, and of course companionship!

Companion Services Include

Meal preparation

Transportation

Medication reminders

Respite Care

Personal care assistance

Taking walks

Dementia care

Grocery shopping

Household chores

Fall prevention

1 on 1 in-facility care

and many more!

Why Family First?

24/7 client support from our attentive care coordination team

Comprehensive staff screening procedures and staff training (including dementia care, patient advocacy, and fall prevention)

Insured and bonded caregivers

Personalized care plans to suit your needs

Flexible Scheduling — From hourly to live-in care

Routine quality care assurance interviews and visits

Back-up caregiver support

Family access to remote caregiver monitoring through our online portal

Competitive Rates

Free in-home consultations

No contract — Pay as you go and cancel at anytime!

Who We Serve

Family First provides personalized care for individuals throughout Long Island with a broad range of needs such as:

Memory loss and all forms of dementia

Limited mobility

Difficulty completing daily tasks

Veterans

Individuals with chronic illness

Who We Are

Mother and daughter team, Alice Bonora and Jennifer Benjamin, started Family First with the goal to provide a service that offers professional care, excellent customer service, and expertise in managing care at home. Family First continues to deliver quality care, guidance to families, and professional education to the healthcare community today. Since its inception in 2005, Family First has become the first choice for families and professionals seeking a service that delivers more than just home care but a partner in care.

