

**CALL TODAY 631-439-6829**

*Companion Services Include:*

- ♥ Meal preparation
  - ♥ Grocery shopping
  - ♥ Transportation to doctor appointments, incidental trips, etc.
  - ♥ Medication reminders
  - ♥ Laundry
  - ♥ Household chores
  - ♥ Pet assistance
  - ♥ Bathing supervision
  - ♥ Dressing assistance
  - ♥ Recreational activities
  - ♥ Dementia care
  - ♥ One-on-one assistance at a facility, hospital, or assisted living
  - ♥ Fall prevention
  - ♥ Sorting mail
  - ♥ Organizing
  - ♥ Taking walks
  - ♥ Home safety checks
  - ♥ Respite care
- And many more!



**Family First Home Companions**

*Helping seniors stay independent,  
bringing families peace of mind.*

**OFFICE HOURS**

Monday-Friday 9am-5pm  
24/7 On-Call Services For  
Staff Emergencies

Phone (631) 439-6829

Fax (631) 224-7434

[familyfirsthomecompanions.com](http://familyfirsthomecompanions.com)



*Isn't it time you  
had some  
peace of mind?*



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## *What is a Companion?*

A companion is a professional caregiver that provides assistance to seniors at home. Companions help with daily activities such as, cooking, running errands, and household chores.

## *Companion vs. Aide*

An aide is certified to provide “hands-on” assistance such as, bathing, lifting, and personal care. A companion can supervise during bathing, ambulating, and personal care, but cannot get “hands-on”.

## *Why go through an agency?*

- \* The Agency staff are insured and bonded.
- \* The Agency processes the payroll and taxes.
- \* The Agency manages staff schedules and client care plans.
- \* The Agency provides back up caregivers.
- \* The Agency diligently interviews, screens and trains all staff.

## *Services:*

Services are provided from 6 hours a week to 24 hours a day, 7 days a week. We serve Nassau, Suffolk, Queens, Brooklyn, Bronx and Manhattan.

## *Choose a schedule that works for you:*

Hourly weekday (min. 3 hours per visit).  
Hourly weekend (min. 3 hours per visit).  
Live-in (24 hours) weekday.  
Live-in (24 hours) weekend.  
Overnight (12 hour shift).  
Holiday coverage.

*\* Call us at 631-439-6829 for current rates.*

## *How to get started:*

1. Call us to schedule a free in-home assessment.
2. We will develop your personalized care plan.
3. We appoint a qualified companion.
4. Services begin!

## *Why Family First is the first choice?*

*Family owned and operated since 2005, providing superior, personalized care and keeping our elderly clients independent and safe at home.*

*Quality assurance and customer support to ensure that you receive ongoing excellence in care that evolves with your needs.*

*Diligent recruiting and screening procedures to ensure qualified, compassionate staff.*

*We've been in your shoes and have had personal experience with family elder care issues ourselves. Our personal and professional experience has given us extensive knowledge of the needs of older adults and how to best meet them.*



*Like family, we're there for you.*