

What is a Geriatric Care Manager?

A geriatric care manager is a health and human services specialist who helps families who are caring for older relatives. The GCM is trained and experienced in any of several fields related to care management, including nursing, gerontology, social work, or psychology.

GCM's can help older adults in many ways such as those who have out-of-state relatives and little family support, have chronic conditions such as Alzheimer's disease, or those with a terminal illness who need end-of-life planning.

GCM's plan and coordinate care for older adults from a medical and psychosocial per-

spective. Services include doctor appointments and medications, home care services, support networks, community services, entitlements, legal services, and/or transportation.

GCM's can provide a one time assessment and care plan or an ongoing care management regime. Ongoing care management consists of oversight of services for the senior, periodic visits, and coordination of services as needs arise.

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For more information about Geriatric Care Managers or to locate a GCM near you visit www.caremanager.org.



Long Island Elder Care Resource: NuTech Healthcare Management

NuTech Healthcare is a home medical equipment and incontinence provider located in Islandia, NY. Specializing in items such as wheelchairs, canes, walkers, hospital beds, and incontinence supplies such as protective underwear, pads and many other products.

One of NuTech's featured products is a seat lift chair. If your loved one has difficulty getting up from a sitting position, this chair will help he/she to safely rise up to a standing position



without having to crouch or struggle up.

NuTech accepts many forms of insurance including Medicare and Medicaid.

To learn more about NuTech's selection of products visit their website at www.Nutechhealthcaremgt.com or call 631-234-4443.

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