

Hospital Companionship...

If you have ever had a loved one who was hospitalized or rehabilitating in a nursing facility you know that being there is important for moral support, to ensure that he/she receives proper attention, and to stay informed of his/her prognosis. While it is great to be there for your loved one at the facility, it is not easy if you have a full time job, a family, and other obligations. Many family caregivers have to depend on the hospital staff and the roommate in the hospital room to know what transpired while they were gone.

Professional Companions can be hired to stay with

your loved one at the hospital or nursing facility. They can keep notes of your loved one's progress, keep him/her stimulated with walks around the facility or engaged in conversation, provide emotional support if your loved one has pain or is afraid to be alone, and contact you directly if your attention is needed at the facility. A professional companion could essentially be your eyes and ears when you cannot be there.

Spending time in a hospital or nursing facility could take months for some seniors. Getting home is the only thing they want but many

factors can postpone their discharge. Infections, lack of activity, complications related to the diagnosis, limited sleep, and lack of attention are common things that happen during a patient's hospital stay. The day to go home gets further and further away from reality. Having support while in the hospital could mean a smoother stay and a quicker discharge. The next time your loved one needs to go to the hospital for an extended stay consider hiring a professional companion to give you some peace of mind when you cannot be there and to support your loved one in making a speedy recovery.

Featured resource- Larkfield Chiropractic

Larkfield Wellness Center, located in East Northport, offers the finest in chiropractic care and guidance to help you get well and stay well naturally. Dr. Kobbe takes a genuine interest in the care of her patients. She is focused on providing high-quality service and ensuring patient satisfaction. It is the mission at Larkfield Wellness Center to educate and guide as many families as possible towards optimal health through chiropractic care and healthy lifestyle habits. Their practice is a natural, non-invasive form of health care based on

the principle that the body can heal itself when the spine is properly aligned and the nervous system is functioning. Chiropractors care for the human body from the inside-out by bringing the body into balance and removing stress or interference to the nerve system caused by subluxations.

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Reminder...

Have you asked your accountant if you can write off the cost of your home care services for

Family First Home Companions

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